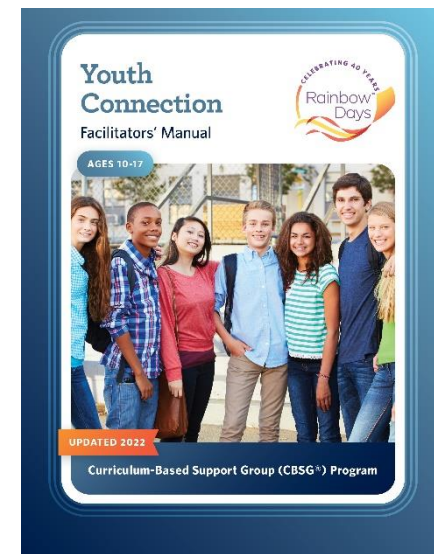


Rainbow Days, Inc.

Kids' Connection (KC) & Youth Connection (YC) 2022 Summary of Updated* and New Content*

Updates and New Content were made/added throughout the 2022 Editions of *Kids' Connection* and *Youth Connection*



Noted in the chart below are those sections with **significant** Updates or New Content
 (*Updated: Previous content has been significantly edited and updated)

(*New Content: Content new to the 2022 Editions)

<p>Overview and Implementation Guidelines</p>	<p>Overview</p> <ul style="list-style-type: none"> • Goal and Theoretical Framework: Updated • Program Design: Updated • Adaptation & Settings: Updated • Frequency & Duration: Updated • Number of Sessions: Updated • Research to Practice: Resilience, Protective Factors, and Social and Emotional Learning & Coping Skills: New • Evaluation & Outcomes: Updated • Facilitator Training: New • Implementation Fidelity: Updated • Quality Assurance Procedures: Updated • <i>CBSG® Program</i> Domains, Major Messages, Objectives & Protective Factors: Updated • Theory Approach & Logic Model: New • The <i>CBSG® Program</i> and Substance Misuse & Disorders: New • Session Overviews: Goal, Key Points, Major Messages, Key Knowledge & Skills: Updated
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	<p>Implementation Guidelines</p> <ul style="list-style-type: none"> • The <i>CBSG Program</i> Session Format: Updated • Facilitator Tips: Updated & New
<p><u>Session 1:</u> <i>Getting to Know You</i></p>	<p>Goal, Key Points, Guided Discussion & Questions: Updated Activity Descriptions & Activities: Updated & New <i>Kids' Connection:</i></p> <ul style="list-style-type: none"> • Major Message Stars (D & E) <p><i>Youth Connection:</i></p> <ul style="list-style-type: none"> • Who Am I? I AM...(All) (Formerly Pick and Choose)
<p><u>Session 2:</u> <i>A Celebration of Me</i></p>	<p>Goal, Key Points, Guided Discussion & Questions: Updated Activity Descriptions & Activities: Updated & New <i>Kids' Connection:</i></p> <ul style="list-style-type: none"> • I Am Special Because I AM...(A & B) • I Am Special Because I AM...(D, E) <p><i>Youth Connection:</i></p> <ul style="list-style-type: none"> • I Am Special Because I AM...(All) (Formerly Specialty Bag)
<p><u>Session 3:</u> <i>Feelings</i></p>	<p>Goal, Key Points, Guided Discussion & Questions: Updated Activity Descriptions & Activities: Updated & New <i>Kids' Connection:</i></p> <ul style="list-style-type: none"> • All My Feelings are Okay (Formerly Feelings Bag) • When the Wind Blows (D & E) <p><i>Youth Connection:</i></p> <ul style="list-style-type: none"> • All My Feelings Are Okay (All) (Formerly Feelings Bag)

<p>Session 4: <i>Managing Anger</i></p>	<p>Goal, Key Points, Guided Discussion & Questions: Updated Activity Descriptions & Activities: Updated & New <i>Kids' Connection:</i></p> <ul style="list-style-type: none"> • Glitter Jar (All) • Managing Anger Scenarios (A, B) • Managing Anger Scenarios (C) • Managing Anger Scenarios (D) • Anger Alternative • Anger: Don't Let it Get the Best of You (D,E) • Candy Anger Game (D,E) • Managing Anger Scenarios (E) <p><i>Youth Connection:</i></p> <ul style="list-style-type: none"> • Managing Anger Scenarios (D) • Managing Anger Scenarios (E) • Expressing Myself Letter (E,F) • Managing Anger Scenarios (F)
<p>Session 5: <i>Dreams and Goal Setting</i></p>	<p>Goal, Key Points, Guided Discussion & Questions: Updated Activity Descriptions & Activities: Updated & New <i>Youth Connection:</i></p> <ul style="list-style-type: none"> • College Application (F) • Job Application (F)
<p>Session 6: <i>Making Healthy Choices</i></p>	<p>Goal, Key Points, Guided Discussion & Questions: Updated Activity Descriptions & Activities: Updated & New <i>Kids' Connection:</i></p> <ul style="list-style-type: none"> • Hurry & Decide (D,E) • Situation Solution Scenarios (D,E) <p><i>Youth Connection:</i></p> <ul style="list-style-type: none"> • Situation Solution Scenarios (All)

<p><u>Session 7:</u> <i>Friends</i></p>	<p>Goal, Key Points, Guided Discussion & Questions: Updated Activity Descriptions & Activities: Updated & New <i>Kids' Connection:</i></p> <ul style="list-style-type: none"> • Being A Friend Scramble (A,B,C) • Being a Friend Scramble (D,E) • Relationship Characteristics (D,E) <p><i>Youth Connection:</i></p> <ul style="list-style-type: none"> • Being A Friend Scramble (All) • Friend Acrostic (D,E,F)
<p><u>Session 8:</u> <i>Resisting Negative Peer Pressure</i></p>	<p>Goal, Key Points, Guided Discussion & Questions: Updated Activity Descriptions & Activities: Updated & New <i>Kids' Connection:</i></p> <ul style="list-style-type: none"> • Practicing With Puppets Scenarios • Resisting Negative Peer Pressure Scenarios (C,D,E) <p><i>Youth Connection:</i></p> <ul style="list-style-type: none"> • Resisting Negative Peer Pressure Scenarios (All)
<p><u>Session 9:</u> <i>Putting It All Together</i></p>	<p>Goal, Key Points, Guided Discussion & Questions: Updated Activity Descriptions & Activities: Updated & New <i>Youth Connection:</i></p> <ul style="list-style-type: none"> • Jeopardy Questions for Additional Sessions (All)
<p><u>Session 10:</u> <i>Celebration & Commitment</i></p>	<p>Goal, Key Points, Guided Discussion & Questions: Updated Activity Descriptions & Activities: Updated & New <i>Kids' Connection:</i></p> <ul style="list-style-type: none"> • Believe Acrostic (D,E) • Celebrating Strengths (D,E) • Major Message Stars (D,E)

<p><u>Additional Session:</u> <i>Substance Use Disorders & the Family</i></p>	<p>Goal, Key Points, Guided Discussion & Questions: Updated Activity Descriptions & Activities: Updated & New <i>Kids' Connection:</i></p> <ul style="list-style-type: none"> • <i>Affirmations (All)</i> <p><i>Youth Connection:</i></p> <ul style="list-style-type: none"> • <i>Affirmations (All)</i>
<p><u>Additional Session:</u> <i>Changes in My Life</i></p>	<p>Goal, Key Points, Guided Discussion & Questions: Updated Activity Descriptions & Activities: Updated & New <i>Kids' Connection:</i></p> <ul style="list-style-type: none"> • <i>Change Happens (A,B,C)</i> • <i>Who I Am/Who I Will Be (D,E)</i> • <i>Stressful Situations (E)</i> <p><i>Youth Connection:</i></p> <ul style="list-style-type: none"> • <i>Coping Styles (D,E) (Formerly Take a Look)</i> • <i>Stressful Situations (E,F)</i>
<p>Appendix A</p>	<p><i>Kids' Connection:</i></p> <ul style="list-style-type: none"> • <i>Affirmations: New</i> <p><i>Youth Connection:</i></p> <ul style="list-style-type: none"> • <i>Affirmations: New</i>
<p>Quality Assurance</p>	<p>Updated</p>
<p>Parent/Partner Communication Documents</p>	<p>New</p>
<p>Spanish Translations</p>	<p>All Activity Descriptions, Facilitator Templates, Worksheets and Handouts are translated, available on the USB</p>