THE CONFLICT RESOLUTION WHEEL

Ages: All Supplies: The Conflict Resolution Wheel Facilitator Template, The Conflict Resolution Wheel Handout, scissors for Facilitator, lunch-sized paper bag or small container

- 1. Prior to group, make one copy of *The Conflict Resolution Wheel* Facilitator **Template**, cut them into strips, fold, and place in a paper bag or container.
- 2. Copy The Conflict Resolution Wheel Handout for each participant.
- 3. Ask participants to define "conflict" and discuss. "Conflict is a disagreement or problem that happens between two or more people" Conflict can happen with best friends or people we don't like. Most conflicts start small, but they can continue to grow into major problems if not addressed. It is important to address the problem in a peaceful way, understanding both sides of the situation. This is "Conflict Resolution."
- 4. Participants take turns drawing a scenario out of the bag and reading it aloud. After reading the scenario, the Facilitator can ask "What would you do if you were in this situation?" The participant will select an option or two from *The Conflict Resolution Wheel* Handout, that describes how they would address the situation.

To Process:

- Did *The Conflict Resolution Wheel* help you learn new ways of Conflict Resolution?
- Can you use more than one strategy to solve a conflict? Why or why not?
- Were there one or two resolution options which seemed to be selected more often than others?
- Discuss how conflict involves more than one person. Discuss how they might contribute to conflict and what part they can take to make amends.

THE CONFLICT RESOLUTION WHEEL SITUATIONS

You want a turn on the computer, but your friend isn't sharing.

Your friend is bossing you around and you are getting mad.

You lend your video game to your friend, but they haven't given it back yet.

You told a friend a secret that they had promised not to tell

You are at the mall and a friend dares you to steal something.

You and your friend argue about what football team is going to win. You get mad because you feel like your friend isn't listening to you.

You feel like one of your friends is upset with you, but you don't know why.

Your friend starts spending less time with you and more time with another friend.

You see someone bullying a new person at school.

Your friend says they don't think you are listening to them.

Cut on dotted lines.

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