

# CBSG® Program Pre/Post Survey

## Scoring Instructions

September 2021

Please score participants' responses as follows. Note that **successful** participation in the *CBSG® Program* would be indicated by a participant at least staying the same (although hopefully improving) from pretest to posttest.

For all groups of items except those for conduct problems and rebellious behavior, **improvement** means **higher** scores at posttest than pretest. For conduct problems (Questions 12-15) and rebellious behavior (Questions 16-18), improvement means **lower** scores at posttest than pretest since lower scores indicate less conduct problems and rebelliousness.

### 1. Well-being, Pathways to the future, and Sense of hope

- Assign the following numbers to all options under “Questions About Your Goals”:

None of the time = 1  
A little of the time = 2  
Some of the time = 3  
A lot of the time = 4  
Most of the time = 5  
All of the time = 6

- Add the scores of the odd-numbered items (1, 3, 5). This is the child's score for **well-being**.
- Add the scores of the even-numbered items (2, 4, 6). This is the child's score for **pathways to the future**.
- Add the scores of all six items together. This is the child's score for **sense of hope**.

### 2. Attitudes toward drug and alcohol use

- Assign the following numbers to all options under “Your Opinions about Alcohol and Drugs”:

Grade 4-5: NO = 1, I don't think so = 2, Maybe = 3, YES = 4  
Grade 6-12: Not at all = 1, I don't think so = 2, Maybe = 3, Yes, definitely = 4

- Add the scores of all five items (7-11). This is the child's score for **attitudes toward drug and alcohol use**.

### 3. Conduct problems and Rebellious behavior

- Assign the following numbers to all questions **except 15** under “Your Attitudes and Behaviors”: Never = 0, Sometimes = 1, Always = 2
- For **question 15**, assign the opposite values: Never = 2, Sometimes = 1, Always = 0
- Add the scores for 12-15. This is the child's score for **conduct problems**.
- Add the scores for 16-18. This is the child's score for **rebellious behavior**.

#### 4. **Efficacy toward making healthy choices**

- Assign the following numbers to all questions under “Your Feelings and Experiences”:

Grade 4-5: NO = 0, Sort of = 1, YES = 3

Grade 6-12: Not at all = 0, Sort of = 2, Yes, definitely = 3

- The value of question 19 is the child’s score for **efficacy toward making healthy choices**.

#### 5. **Sense of belonging with others**

- Assign the following numbers to all questions under “Your Feelings and Experiences”:

Grade 4-5: NO = 0, Sort of = 1, YES = 3

Grade 6-12: Not at all = 0, Sort of = 2, Yes, definitely = 3

- Add the scores for 20-22. This is the child’s score for **sense of belonging with others**.

#### 6. **Presence of a caring adult**

- Assign the following numbers to all questions under “Your Feelings and Experiences”:

Grade 4-5: NO = 0, Sort of = 1, YES = 3

Grade 6-12: Not at all = 0, Sort of = 2, Yes, definitely = 3

- The value of question 23 is the child’s score for **presence of a caring adult**.

#### 7. **Acceptance of (non)control**

- Assign the following numbers to all questions under “Your Feelings and Experiences”:

Grade 4-5: NO = 0, Sort of = 1, YES = 3

Grade 6-12: Not at all = 0, Sort of = 2, Yes, definitely = 3

- Add the scores for 24-25. This is the child’s score **for acceptance of (non)control**.

**THANK YOU!**

**CBSG® Pre/Post Survey**  
**Scoring Sheet (Examples)**  
September 2021

1. Perceived well-being	___ <b>4</b> ___
	Range: 3-18
2. Perceived pathways to the future	___ <b>11</b> ___
	Range: 3-18
3. Sense of hope	___ <b>17</b> ___
	Range: 6-36
4. Attitudes toward drug and alcohol use	___ <b>3</b> ___
	Range: 5-20
5. Conduct problems	___ <b>2</b> ___
	Range: 0-8
6. Rebellious behavior	___ <b>5</b> ___
	Range: 0-6
7. Efficacy toward making healthy choices	___ <b>3</b> ___
	Range: 0-3
8. Sense of belonging with others	___ <b>1</b> ___
	Range: 0-9
9. Presence of a caring adult	___ <b>3</b> ___
	Range: 0-3
10. Acceptance of (non)control	___ <b>2</b> ___
	Range: 0-6

**CBSG® Pre/Post Survey**  
**Scoring Sheet (Blank)**  
September 2021

- |   |       |
|---|-------|
| 1. Perceived well-being                   | _____ |
| 2. Perceived pathways to the future       | _____ |
| 3. Sense of hope                          | _____ |
| 4. Attitudes toward drug and alcohol use  | _____ |
| 5. Conduct problems                       | _____ |
| 6. Rebellious behavior                    | _____ |
| 7. Efficacy toward making healthy choices | _____ |
| 8. Sense of belonging with others         | _____ |
| 9. Presence of a caring adult             | _____ |
| 10. Acceptance of (non)control            | _____ |