

Questions About Your Goals

For each sentence, please think about how you are in most situations. **Circle the answer that fits YOU best.** There are no right or wrong answers.

1. I think I am doing pretty well.

None of the time	A little of the time	Some of the time	A lot of the time	Most of the time	All of the time
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2. I can think of many ways to get the things in life that are most important to me.

None of the time	A little of the time	Some of the time	A lot of the time	Most of the time	All of the time
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3. I am doing just as well as other kids my age.

None of the time	A little of the time	Some of the time	A lot of the time	Most of the time	All of the time
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4. When I have a problem, I can come up with lots of ways to solve it.

None of the time	A little of the time	Some of the time	A lot of the time	Most of the time	All of the time
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5. I think the things I have done in the past will help me in the future.

None of the time	A little of the time	Some of the time	A lot of the time	Most of the time	All of the time
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6. Even when others want to quit, I know that I can find ways to solve the problem.

None of the time	A little of the time	Some of the time	A lot of the time	Most of the time	All of the time
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Your Opinions about Alcohol and Drugs

For each sentence, please **circle the answer that fits YOU best.**

7. Using drugs will get me into trouble.	Not at all	I don't think so	Maybe	Yes, definitely
8. You can have fun without alcohol or drugs.	Not at all	I don't think so	Maybe	Yes, definitely
9. I can say "no" to friends who offer me drugs.	Not at all	I don't think so	Maybe	Yes, definitely
10. My life will be better without drugs.	Not at all	I don't think so	Maybe	Yes, definitely
11. My friends know I won't use alcohol or drugs.	Not at all	I don't think so	Maybe	Yes, definitely

Your Attitudes and Behaviors

For each sentence, please **circle the answer that fits YOU best.**

12. It is okay to take something if you can get away with it.	Never	Sometimes	Always
13. I think it is okay to cheat at school.	Never	Sometimes	Always
14. I think it is okay to beat up people if they start the fight.	Never	Sometimes	Always
15. You should tell the truth even if you are going to get into trouble.	Never	Sometimes	Always
16. I do the opposite of what people tell me just to get them mad.	Never	Sometimes	Always
17. I like to see how much I can do before I get into trouble.	Never	Sometimes	Always
18. I don't follow rules that I don't like.	Never	Sometimes	Always

Your Feelings and Experiences

For each sentence, please **circle the answer that fits YOU best.**

19. I know how to make healthy choices.	Not at all	Sort of	Yes, definitely
20. There are people who feel the same way I do about things.	Not at all	Sort of	Yes, definitely
21. There are other people who have the same problems as me.	Not at all	Sort of	Yes, definitely
22. I have people who care about me.	Not at all	Sort of	Yes, definitely
23. I can name at least 1 adult I can ask for help if I need it.	Not at all	Sort of	Yes, definitely
24. I know what I can control in life.	Not at all	Sort of	Yes, definitely
25. I know what I cannot control in life.	Not at all	Sort of	Yes, definitely

What is your age (in years)? _____

What grade are you in? _____

What is your gender? Male Female

My race/ethnicity is: Asian American Black/African American Hispanic or Latino/a
 Native American/American Indian White or Anglo Other _____

THANK YOU!!