

## Questions About Your Goals

For each sentence, please think about how you are in most situations. **Circle the answer that fits YOU best.** There are no right or wrong answers.

1. I think I am doing pretty well.

None of the time	A little of the time	Some of the time	A lot of the time	Most of the time	All of the time
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2. I can think of many ways to get the things in life that are most important to me.

None of the time	A little of the time	Some of the time	A lot of the time	Most of the time	All of the time
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3. I am doing just as well as other kids my age.

None of the time	A little of the time	Some of the time	A lot of the time	Most of the time	All of the time
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4. When I have a problem, I can come up with lots of ways to solve it.

None of the time	A little of the time	Some of the time	A lot of the time	Most of the time	All of the time
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5. I think the things I have done in the past will help me in the future.

None of the time	A little of the time	Some of the time	A lot of the time	Most of the time	All of the time
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6. Even when others want to quit, I know that I can find ways to solve the problem.

None of the time	A little of the time	Some of the time	A lot of the time	Most of the time	All of the time
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## Your Opinions about Alcohol and Drugs

For each sentence, please **circle the answer that fits YOU best.**

7. Using drugs will get me into trouble.	NO	I don't think so	Maybe	YES
8. You can have fun without alcohol or drugs.	NO	I don't think so	Maybe	YES
9. I can say "no" to friends who offer me drugs.	NO	I don't think so	Maybe	YES
10. My life will be better without drugs.	NO	I don't think so	Maybe	YES
11. My friends know I won't use alcohol or drugs.	NO	I don't think so	Maybe	YES

## Your Attitudes and Behaviors

For each sentence, please **circle the answer that fits YOU best.**

12. It is okay to take something if you can get away with it.	Never	Sometimes	Always
13. I think it is okay to cheat at school.	Never	Sometimes	Always
14. I think it is okay to beat up people if they start the fight.	Never	Sometimes	Always
15. You should tell the truth even if you are going to get into trouble.	Never	Sometimes	Always
16. I do the opposite of what people tell me just to get them mad.	Never	Sometimes	Always
17. I like to see how much I can do before I get into trouble.	Never	Sometimes	Always
18. I don't follow rules that I don't like.	Never	Sometimes	Always

## Your Feelings and Experiences

For each sentence, please **circle the answer that fits YOU best.**

19. I know how to make healthy choices.	NO	Sort of	YES
20. There are people who feel the same way I do about things.	NO	Sort of	YES
21. There are other people who have the same problems as me.	NO	Sort of	YES
22. I have people who care about me.	NO	Sort of	YES
23. I can name at least 1 adult I can ask for help if I need it.	NO	Sort of	YES
24. I know what I can control in life.	NO	Sort of	YES
25. I know what I cannot control in life.	NO	Sort of	YES

What is your age (in years)? \_\_\_\_\_

What is your gender?     Male                       Female

My race/ethnicity is:     Asian American     Black/African American     Hispanic or Latino/a  
 Native American/American Indian     White or Anglo     Other \_\_\_\_\_

**THANK YOU!!**