

CBSG® Program Pre/Post Survey

Outcome Statements for Implementers

September 2021

To help our community partners communicate the impacts of the *CBSG® Program* to others (e.g., funders, families, school leadership, and other stakeholders), we have drafted some example statements based on the ten outcomes measured in the 2021 *CBSG® Program* Pre/Post survey. If your participating children and youth demonstrate considerable changes in one or more of the following areas after participating, feel free to use these statements to help communicate your observations.

1. Perceived well-being

CBSG® Program participants increased their perceived well-being by participating in the program.

2. Perceived pathways to the future

Participating children and youth have gained a stronger sense of perceived well-being through the *CBSG® Program*.

3. Sense of hope

The *CBSG® Program* increased children and youths' sense of hope through their participation.

4. Attitudes toward drug and alcohol use

Children and youth who engaged in the *CBSG® Program* showed healthier attitudes toward drug and alcohol use after participation.

5. Conduct problems / Anti-social attitudes / Attitudes toward the "moral order" (all 3 terms have been used)

CBSG® Program participants showed weaker attitudes conducive to conduct problems after completing the program sessions.

6. Rebellious behavior

Participating children and youth reported less rebellious behavior after the *CBSG® Program*.

7. Efficacy toward making healthy choices

By completing the *CBSG® Program*, children and youth improved their knowledge of how to make healthy choices.

8. Sense of belonging with others

Participating children and youth reported a greater sense of belonging with others after completing the *CBSG® Program*.

9. Presence of a caring adult

After completing the *CBSG® Program*, children and youth were more likely to say they could name at least one adult they could ask for help if they needed it.

10. Acceptance of (non)control

CBSG® Program participants were better able to know what they can and cannot control in life after completing the program.