



CBSG Program Design: Structure

- Curriculum-Based
- Led by *trained facilitator/
co-facilitators

*Certified *CBSG® Program* Facilitator training conducted only by Rainbow Days, Inc.

- 30, 45 or 60 minute class sessions
- **Size-Limited to 6-12 participants

**Smaller group sizes recommended for Virtual Groups (6 to 8)

- Closed Groups

***10 Sessions -
Selective

***12 Sessions –
Indicated

***Requirements may vary according to funding source(s)



CBSG Program Implementation Fidelity

- Must be a **trained* facilitator

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- Follow the *CBSG® Program Session Format*
- *KC/YC: Selective*
 - **All sessions (1-10) facilitated in sequence*
- YC: Indicated
 - **All sessions (12) facilitated in sequence*

***Requirements may vary according to funding source(s)*

- Cover all key points
 - Underlined sentences in Guided Discussions
- Group held once or twice a week
- Follow group size recommendations
- Confidentiality