



# CBSG Program Design: Structure

- Curriculum-Based
- Led by \*trained facilitator/  
co-facilitators

\*Certified CBSG® Program Facilitator training conducted only by Rainbow Days, Inc.

- 30, 45 or 60 minute class sessions
- \*\*Size-Limited to 6-12 participants

\*\*Smaller group sizes recommended for Virtual Groups (6 to 8)

- Closed Groups
  - \*\*\*10 Sessions - Selective
  - \*\*\*12 Sessions – Indicated

\*\*\*Requirements may vary according to funding source(s)



# CBSG Program Implementation Fidelity

- **Must be a \*trained Facilitator**  
\*Certified CBSG® Program Facilitator training conducted only by Rainbow Days
- **Follow the CBSG® Program Session Format**  
*Kids'/Youth Connection:*  
**Selective**  
\*\*All sessions (1-10) facilitated in sequence  
*Youth Connection:*  
**Indicated**  
\*\*All sessions (1-10 + 2 Additional Sessions = 12) facilitated in sequence  
\*\*Requirements may vary according to funding source(s)
- **Cover all Key Points**  
Underlined sentences in Guided Discussions
- **Group held once or twice a week**
- **Follow group size recommendations**
- **Confidentiality**