

**Cathey Brown**  
**Founder & Developer**  
**Rainbow Days, Inc./The Trans4m Center**  
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**EDUCATION:**

M. Ed., North Texas State University, Denton, Texas. Guidance and Counseling, Magna cum Laude, 1977

B. S., University of Texas at El Paso, El Paso, Texas. Secondary Education, Cum Laude, 1971.

**Certifications:** Life Teaching Certificate, State of Texas  
Professional Counseling Certification, State of Texas

**PROFESSIONAL HISTORY:**

**Teacher & Counselor:** Secondary classroom teacher and counselor.

**Founder & Director of The Trans4m Center:**

Director of The Trans4m Center, (2016-present) the training division of Rainbow Days, Inc., brings the latest research and training to educators, juvenile justice professionals, shelter service providers, faith communities, community-based organizations and other nonprofit organizations, giving them the tools, they need to positively impact children and youth. More than 52,000 individuals in 44 states and in England, Ecuador and Brazil have been trained since 1983.

**Founder & Chief Executive Officer:**

Founding Chief Executive Officer of community-based non-profit, substance use disorder prevention agency, Rainbow Days, Inc. 1982 to 2018. Oversaw all aspects, program and administrative, of the organization. Responsibilities included: Oversight of staff (23 FTE); Fiscal responsibilities including budget (\$2M), federal and state grant compliance, audits; Program Development and oversight; Training; Primary liaison with state and federal agencies, local corporations and foundations, United Way, and Executive Board of Directors; Curriculum Development - six curriculum-based support group curricula for children, youth and parents.

**Developer:**

*Curriculum-Based Support Group (CBSG®) Program*  
(included in the National Registry of Evidence Based Programs and Practices, 2010)

**Trainer:**

Oversaw the development of a training division that has trained more than 52,000 professionals and volunteers since 1983.

Workshop speaker and trainer at numerous local, state and national conferences/institutes for 33 years including: National Drop-out Prevention Conference, Institute on Children, Poverty and Homelessness; Texas Initiative for Program Success and Sustainability; National Association for Children of Alcoholics, Texas Association for Children of Alcoholics, Texas Institute on Substance Abuse and Mental Health, National Prevention Network, Community Anti-Drug Coalitions of America, Southwest Regional Center for Applied Technology

Prevention Convention, National Association for the Education of Homeless Children.

Topics of expertise include:

- Curriculum-Based Support Group (CBSGs®) Program
- Children of Addicted Parents
- Peter F. Drucker's *The Five Most Important Questions* Self-Assessment Tool
- Results-Based Conversations
- Raw Coping Power: Stress Management and Resilience
- Substance Abuse Prevention
- Strategic Planning for Non-profit organizations
- Organizational Capacity Building
- Board Development
- Leadership and Leadership Development
- Self-Care for the Helping Professional

**Facilitator:**

Founded and/or serves as chairperson for numerous local and state organizations and associations.

Master Facilitator of *The Five Most Important Questions* Self-Assessment Tool

Certified "Results Based Conversations" Facilitator and Trainer

Certified Facilitator in "Raw Coping Power-Stress Management and Resilience" by the Organizational Wellness and Learning Systems (OWLS)

**Author:**

Co-author of daily affirmation book for children, *Kid's Power, Too! Words to Grow By*; numerous articles and curricula.

**PROFESSIONAL LEADERSHIP and AFFILIATIONS:**

- Founding President and Member, Association of Substance Abuse Programs – State of Texas
- Founding Chair, The Network of North Texas Prevention/Intervention Service Providers
- Founding Chair, Children's Service Provider Network (CSPN) - Dallas, Texas
- Convener, Texas Summit Committee for Prevention
- Founding Chair of the Drucker Society of Dallas
- United Way of Metropolitan Dallas Chairman's Special Task Force
- Metro Dallas Homeless Alliance Continuum of Care Steering Committee
- Advisory Council, Institute of Public Affairs at University of Texas, Dallas
- Convener, Drucker Society of Dallas
- Designee by Governor Rick Perry to the Texas State Incentive Grant Advisory Committee
- Appointee, Drug Demand Reduction Advisory Committee
- Founding President, Texas Association for Children of Alcoholics
- Member, National Association for Children of Alcoholics Board of Directors
- Convener, Regional Advisory Consortium for the Texas Commission on Alcohol and Drug Abuse
- Member, Criminal Justice Policy Development Committee, North Central Texas
- Member, Statewide Task Force on Prevention and Managed Care
- Member, Dallas Children's Mental Health Committee
- Director, Statewide Evaluation of Curriculum-Based Support Groups

## **PERSONAL AWARDS and RECOGNITION:**

- 2018 Legacy Award for Lifetime Achievement, Association of Substance Abuse Programs
- 2018 Agent of Change Award, The Council on Alcohol and Drugs
- 2010 Caring Award Winner, Caring Institute
- 2010 Selection as a Mentor to participate in the Hesselbein Global Academy for Student Leadership and Civic Engagement at the University of Pittsburgh
- 2010 Nonprofit Executive Award – Legal Aid of North West Texas
- 2008 inclusion in *Unstoppable Woman, Stories of American Character from North Texas Book II*, authored by Dian Moor
- 2006 inclusion in *Passionaries* chapter on Mrs. Betty Ford, authored by Barbara Metzler
- 2004 One of 60 individuals featured in *Finishing Well*, a book authored by Bob Buford and published by Integrity
- 2002 Executive Program for Nonprofit Leaders, Stanford University’s Center for Social Innovation Fellows
- 2001-2002 Frances Hesselbein Community Innovation Fellows Program, Peter F. Drucker Foundation
- 2001 Distinguished Human Service Professional Award, Community Council of Greater Dallas
- 2000 Visionary Award Recipient, Betty Ford Center
- 2000 Children’s Champion Award for Leadership, Dallas for Children
- 1998 Award of Appreciation, Texas Homeless Network
- 1994 Crusader for Prevention - Dallas, Texas
- 1992 Prevention Leadership Recognition, Texas Commission on Alcohol and Drug Abuse
- 1992 Outstanding Contribution to Field of Prevention, Texas Health and Human Services Commission
- 1991 Freedom Foundation Award
- 1991 Recognition of Contributions to Prevention, U. S. Department of Education
- 1990 Recognition of Contributions to Prevention, U. S. Department of Education
- 1989 Proclamation, Mayor of Dallas
- 1985 Proclamation, Governor of Texas

## **PROGRAM AWARDS and RECOGNITION:**

- 2010 Recognition of *Family Connection* as a “Socially Innovative Program” from the Texas Social Innovation Initiative – collaborative of Root Cause, One Star Foundation & D.S.V.P.
- 2009 Mutual of America Community Partnership Award – Honorable Mention for *Family Connection* program
- 2006 Mission Achievement Award recipient for *Family Connection* program
- 1999 Exemplary Substance Abuse Prevention Program Award, Center for Substance Abuse Prevention
- 1999 Best Practices Award, U. S. Department of Housing and Urban Development

## **PUBLICATIONS and MEDIA:**

- Developer: *Family Connection Replication: Manual for replicating Family Connection Program*, 2006
- Developer: *Play Connection: Building Stronger Children & Families Through Play*, 2<sup>nd</sup> Edition, 2008
- Developer: *Faith Connection: Christian-based Life Skills Support Group Curriculum for Children Ages 4-15*, 2nd Edition, 2004
- Developer: *Kids’ Connection: Life Skills Support Group Curriculum for Children Ages 4-12*, 9th Edition, 2004
- Developer: *Youth Connection: Life Skills Support Group Curriculum for Youth Ages 10 -17*, 6th Edition, 2004
- Developer: *Kids’ Connection, Too: Life Skills Support Group Curriculum for Children, ages 4-15, Living in Homeless Family Shelters*, 3rd Edition, 2006
- Developer: *Parent Connection: A Support Group Curriculum for Parents*, 3<sup>rd</sup> Edition, 1999

- Author: "Rainbow Days: Reaching Children's Hearts Through the Arts", "Resiliency in Action," Winter, 1998
- Author: "Rainbow Days," published in professional journal, "Journal of Children & Poverty," Fall, 1998
- Co-Author: *Kids' Power, Too! Words to Grow By*, with Betty LaPorte and Jerry Moe, 1996
- Contributing Editor: Center for Substance Abuse Prevention text book Holt, Rinehart and Winston, 1998
- Video Production: *Poor Jennifer*, National Association for Children of Alcoholics, 1985
- Contributing Author/Editor: *Texas Foster Care Initiative*, Child Welfare League of America, 1992
- Contributing Author/Editor: *Education for Self-Responsibility II*, Texas Education Agency, 1989
- Contributing Author/Editor: numerous publications and video productions of the Texas Commission on Alcohol and Drug Abuse (TCADA) and school districts across Texas

### **WORKSHOPS and PRESENTATIONS:**

- *Curriculum-Based Support Group (CBSG®) Program Training*
- *Hurt, Hope and Healing for Children of Addicted Parents*
- *Social Emotional Learning*
- *The Art of Facilitation*
- *The Five Most Important Questions, Self-Assessment Tool, Facilitator Training*
- *Being Who You Are - Doing What You Do*
- *Resilient Leaders = Resilient Organizations*
- *Developing Capable Leaders*
- *Achieving Results = Asking the Right Questions*
- *Sustaining Leadership in Your Organization*
- *Leaders of Tomorrow, Today*
- *Leadership Lessons Learned, Lived and Left Behind*
- *Stress for Success*
- *The 5 C's of Entering the Nonprofit Sector*
- *Leadership and Followership: Prevention Headaches and Heartaches in the Workplace*
- *Trauma Informed Care*

### **LOCATIONS of RECENT WORKSHOPS and PRESENTATIONS:**

- Texas Statewide Parent Teacher Association Conference - 2018
- Quito, Ecuador – Peace Corps
- London, England
- BoardSource 2014 National Conference
- Utah Valley University 2014 Addictions Conference
- Travis County Integral Care Annual Conference-2014- Keynote Address
- National Drop-out Prevention 25<sup>th</sup> Annual Conference
- Texas Network of Youth Serving Organizations Annual Conference
- Texas Association of Addiction Professionals Annual Conference
- Leader to Leader Institute Self-Assessment Tool Facilitator Training-California, New York, Ohio and Wisconsin
- Annual Texas Behavioral Health Institute
- Texas Commission on Alcohol and Drug Abuse Annual Institute
- Community Anti-Drug Coalitions of America National Leadership Forums
- National Prevention Network Annual Prevention Research Conference
- Annual Conference on the Prevention of Child Abuse
- Association of Substance Abuse Programs of Texas
- Annual Prevention of Child Abuse Conference
- National Association for the Education of Homeless Children and Youth
- State Associations of Addiction Services Annual Conference
- Louisiana Association of Safe and Drug Free Schools and Communities

- The Southwest Prevention Center Annual Regional Prevention Convention
  - Families Under Urban and Social Attack-Houston, Texas
  - The San Antonio Council on Alcohol and Drug Abuse
  - The Hays Caldwell Council on Alcohol and Drug Abuse
  - Central Texas Council on Alcohol and Drug Abuse
  - Harvard Business Club
  - Texas Association for Children of Alcoholics-Family Album Annual Conference
  - National Association for Children of Alcoholics
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