

RAINBOW DAYS ACTIVITY DESCRIPTIONS

KC & YC – SESSION 7

**Please note this is the same activity for both KC & YC. Adaptation for KC might include them making a list or drawing pictures of what makes a good friend.*

TOP TEN REASONS

Ages: E

**Materials: Paper, pens or pencils,
flip chart, markers**

1. Ask each person to list 10 reasons they would make a good friend to someone.
2. After each person has completed their list, ask them to rank order their reasons, placing a #1 by the most important reason, #2 by the next reason and so on.
3. Ask each person to read their list. Write down the reasons on a flip chart. If a reason is listed more than once, put a mark by it, indicating that it was previously suggested.

To Process:

- Is one reason listed more than others? Why do you think this is the case?
- What were some differences about your lists?
- How did you feel about making the list about yourself?
- Why is it important to think about reasons you would make a good friend?