

## Curriculum-Based Support Group (CBSG<sup>®</sup>) Program Facilitator Training

The CBSG<sup>®</sup> Program is designed to increase resilience in children and youth who experience adversity, trauma and toxic stress through the development of healthy social, emotional and coping skills in a caring support group setting.



### **CBSG Program Facilitator Training Includes**

- Theoretical foundations of the CBSG Program
- Adverse Childhood Experiences (ACEs) and the impact of trauma & toxic stress
- Resiliency
- Risk and Protective Factor research
- Social Emotional Learning (SEL)
- Facilitator's role in implementing the CBSG Program
- Opportunities to practice facilitation skills
- Implementation strategies
- A copy of one Facilitator Manual adaptation of your choice (additional adaptations may be purchased for \$125 once trained)
- Each adaptation has a USB with all necessary program handouts (**English & Spanish**) and Quality Assurance materials with reproduction permission.
- Follow-up technical assistance regarding implementation, adaptations, notifications regarding program or manual updates/addendums

### **Training Settings & Costs**

#### **The Trans4m Center Hosted Trainings:**

- Quarterly in Dallas (see website [trans4mcenter.org](http://trans4mcenter.org) for dates)  
8:30 a.m. - 4:30 p.m.  
Fee: \$250 (Includes one Facilitator Manual adaptation)

#### **Site-Based Contracted Training:**

- CBSG Program Trans4m Center Trainer at your location on mutually agreed upon date and time
- Fee: \$3,500 (up to 15 participants receiving one Facilitator Manual adaptation per participant)
- Each additional participant over 15 - Fee: \$150
- Reimbursement for Travel - Market rates apply

*Pre and post training technical assistance are included in training fees.  
References available upon request.*

*"The wide range of session topics has made (the CBSG Program) attractive to both schools and summer sites who indicate the topics and content are relevant to their children and youth and invite us back to provide the curricula again and again. Having a specific message for each session topic, an intentional process flow for each session, and closing each group with the Major Messages are powerful components that have provided a sense of predictability and security for the youth. The emphasis on the role of the caring adult facilitator(s) is another critically important feature of the program.*

*On top of all this, Rainbow Days and The Trans4m Center provide excellent facilitator training and ongoing support for curriculum delivery. We have continued to implement the CBSG Program over the years because we have not found another curriculum that meets the needs of our youth and communities. I highly recommend the CBSG Program and Rainbow Days/The Trans4m Center."*

*- Stephanie Rainbolt, Program Director, LifeWorks*