

Cathey Brown

Founder, Developer, CEO

Rainbow Days, Inc.

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EDUCATION:

M. Ed., North Texas State University, Denton, Texas. Guidance and Counseling, Magna cum Laude, 1977

B. S., University of Texas at El Paso, El Paso, Texas. Secondary Education, Cum Laude, 1971.

Certifications: Life Teaching Certificate, State of Texas
Professional Counseling Certification, State of Texas

PROFESSIONAL HISTORY:

Teacher & Counselor: Secondary classroom teacher and counselor.

Founder & Chief Executive Officer:

Founding Chief Executive Officer of community based non-profit, substance abuse prevention agency, Rainbow Days, Inc. - 1982 to present. Oversee all aspects, program and administrative, of the organization. Responsibilities include: Oversight of staff (23 FTE); Fiscal responsibilities including budget (\$2M), federal and state grant compliance, audits; Program Development and oversight; Training; Primary liaison with state and federal agencies, local corporations and foundations, United Way, and Executive Board of Directors; Curriculum Development - six curriculum-based support group curricula for children, youth and parents.

Developer:

Curriculum-Based Support Group (CBSG®) Program
(included in the National Registry of Evidence Based Programs and Practices, 2010)

Trainer:

Oversaw the development of a training division that has trained more than 43,000 professionals and volunteers since 1983.

Workshop speaker and trainer at numerous local, state and national conferences/institutes for 33 years including: National Drop-out Prevention Conference, Institute on Children, Poverty and Homelessness; Texas Initiative for Program Success and Sustainability; National Association for Children of Alcoholics, Texas Association for Children of Alcoholics, Texas Institute on Substance Abuse and Mental Health, National Prevention Network, Community Anti-Drug Coalitions of America, Southwest Regional Center for Applied Technology Prevention Convention, National Association for the Education of Homeless Children.

Topics of expertise include:

- Curriculum-Based Support Group (CBSGs®) Program
- Peter F. Drucker's *The Five Most Important Questions* Self-Assessment Tool
- Results-Based Conversations
- Raw Coping Power: Stress Management and Resilience

- Substance Abuse Prevention
- Children of Substance Abuse
- Strategic Planning for Non-profit organizations
- Organizational Capacity Building
- Board Development
- Leadership and Leadership Development
- Self-Care for the Helping Professional

Facilitator:

Founded and/or serves as chairperson for numerous local and state organizations and associations.

Master Facilitator of *The Five Most Important Questions Self-Assessment Tool*

Certified "Results Based Conversations" Facilitator and Trainer

Certified Facilitator in "Raw Coping Power-Stress Management and Resilience" by the Organizational Wellness and Learning Systems (OWLS)

Author:

Co-author of daily affirmation book for children, *Kid's Power, Too! Words to Grow By*; numerous articles and curricula.

PROFESSIONAL LEADERSHIP and AFFILIATIONS:

- Founding Chair of the Drucker Society of Dallas
- United Way of Metropolitan Dallas Chairman's Special Task Force
- Metro Dallas Homeless Alliance Continuum of Care Steering Committee
- Advisory Council, Institute of Public Affairs at University of Texas, Dallas
- Convener, Drucker Society of Dallas
- Designee by Governor Rick Perry to the Texas State Incentive Grant Advisory Committee
- Appointee, Drug Demand Reduction Advisory Committee
- Founding President, Texas Association for Children of Alcoholics
- Member, National Association for Children of Alcoholics Board of Directors
- Founding President and Member, Association of Substance Abuse Programs – State of Texas
- Founding Chair, The Network of North Texas Prevention/Intervention Service Providers
- Founding Chair, Children's Service Provider Network (CSPN) - Dallas, Texas
- Convener, Texas Summit Committee for Prevention
- Convener, Regional Advisory Consortium for the Texas Commission on Alcohol and Drug Abuse
- Member, Criminal Justice Policy Development Committee, North Central Texas
- Member, Statewide Task Force on Prevention and Managed Care
- Member, Dallas Children's Mental Health Committee
- Director, Statewide Evaluation of Curriculum-Based Support Groups

PERSONAL AWARDS and RECOGNITION:

- 2010 Caring Award Winner, Caring Institute
- 2010 Selection as a Mentor to participate in the Hesselbein Global Academy for Student Leadership and Civic Engagement at the University of Pittsburgh
- 2010 Nonprofit Executive Award – Legal Aid of North West Texas
- 2008 inclusion in *Unstoppable Woman, Stories of American Character from North Texas Book II*, authored by Dian Moor
- 2006 inclusion in *Passionaries* chapter on Mrs. Betty Ford, authored by Barbara Metzler
- 2004 One of 60 individuals featured in *Finishing Well*, a book authored by Bob Buford and published by Integrity

- 2002 Executive Program for Nonprofit Leaders, Stanford University's Center for Social Innovation Fellows
- 2001-2002 Frances Hesselbein Community Innovation Fellows Program, Peter F. Drucker Foundation
- 2001 Distinguished Human Service Professional Award, Community Council of Greater Dallas
- 2000 Visionary Award Recipient, Betty Ford Center
- 2000 Children's Champion Award for Leadership, Dallas for Children
- 1998 Award of Appreciation, Texas Homeless Network
- 1994 Crusader for Prevention - Dallas, Texas
- 1992 Prevention Leadership Recognition, Texas Commission on Alcohol and Drug Abuse
- 1992 Outstanding Contribution to Field of Prevention, Texas Health and Human Services Commission
- 1991 Freedom Foundation Award
- 1991 Recognition of Contributions to Prevention, U. S. Department of Education
- 1990 Recognition of Contributions to Prevention, U. S. Department of Education
- 1989 Proclamation, Mayor of Dallas
- 1985 Proclamation, Governor of Texas

PROGRAM AWARDS and RECOGNITION:

- 2010 Recognition of *Family Connection* as a "Socially Innovative Program" from the Texas Social Innovation Initiative – collaborative of Root Cause, One Star Foundation & D.S.V.P.
- 2009 Mutual of America Community Partnership Award – Honorable Mention for *Family Connection* program
- 2006 Mission Achievement Award recipient for *Family Connection* program
- 1999 Exemplary Substance Abuse Prevention Program Award, Center for Substance Abuse Prevention
- 1999 Best Practices Award, U. S. Department of Housing and Urban Development

PUBLICATIONS and MEDIA:

- Developer: *Family Connection Replication: Manual for replicating Family Connection Program*, 2006
- Developer: *Play Connection: Building Stronger Children & Families Through Play*, 2nd Edition, 2008
- Developer: *Faith Connection: Christian-based Life Skills Support Group Curriculum for Children Ages 4-15*, 2nd Edition, 2004
- Developer: *Kids' Connection: Life Skills Support Group Curriculum for Children Ages 4-12*, 9th Edition, 2004
- Developer: *Youth Connection: Life Skills Support Group Curriculum for Youth Ages 10 -17*, 6th Edition, 2004
- Developer: *Kids' Connection, Too: Life Skills Support Group Curriculum for Children, ages 4-15, Living in Homeless Family Shelters*, 3rd Edition, 2006
- Developer: *Parent Connection: A Support Group Curriculum for Parents*, 3rd Edition, 1999
- Author: "Rainbow Days: Reaching Children's Hearts Through the Arts", "Resiliency in Action," Winter, 1998
- Author: "Rainbow Days," published in professional journal, "Journal of Children & Poverty," Fall, 1998
- Co-Author: *Kids' Power, Too! Words to Grow By*, with Betty LaPorte and Jerry Moe, 1996
- Contributing Editor: Center for Substance Abuse Prevention text book Holt, Rinehart and Winston, 1998
- Video Production: *Poor Jennifer*, National Association for Children of Alcoholics, 1985
- Contributing Author/Editor: *Texas Foster Care Initiative*, Child Welfare League of America, 1992
- Contributing Author/Editor: *Education for Self-Responsibility II*, Texas Education Agency, 1989

- Contributing Author/Editor: numerous publications and video productions of the Texas Commission on Alcohol and Drug Abuse (TCADA) and schools districts across Texas

WORKSHOPS and PRESENTATIONS:

- *The Five Most Important Questions, Self-Assessment Tool, Facilitator Training*
- *Curriculum-Based Support Group (CBSG®) Program Training*
- *The Art of Facilitation*
- *Being Who You Are - Doing What You Do*
- *Resilient Leaders = Resilient Organizations*
- *Developing Capable Leaders*
- *Achieving Results = Asking the Right Questions*
- *Sustaining Leadership in Your Organization*
- *Leaders of Tomorrow, Today*
- *Leadership Lessons Learned, Lived and Left Behind*
- *Stress for Success*
- *The 5 C's of Entering the Nonprofit Sector*
- *Hurt, Hope and Healing for Children of Alcoholics*
- *Leadership and Followership: Prevention Headaches and Heartaches in the Workplace*
- *Trauma Informed Care*

LOCATIONS of RECENT WORKSHOPS and PRESENTATIONS:

- 2016 Quito, Ecuador – Peace Corps
- 2016 London, England
- BoardSource 2014 National Conference
- Utah Valley University 2014 Addictions Conference
- Travis County Integral Care Annual Conference-2014- Keynote Address
- National Drop-out Prevention 25th Annual Conference
- Texas Network of Youth Serving Organizations Annual Conference
- Texas Association of Addiction Professionals Annual Conference
- Leader to Leader Institute Self-Assessment Tool Facilitator Training-California, New York, Ohio and Wisconsin
- Annual Texas Behavioral Health Institute
- Texas Commission on Alcohol and Drug Abuse Annual Institute
- Community Anti-Drug Coalitions of America National Leadership Forums
- National Prevention Network Annual Prevention Research Conference
- Annual Conference on the Prevention of Child Abuse
- Association of Substance Abuse Programs of Texas
- Annual Prevention of Child Abuse Conference
- National Association for the Education of Homeless Children and Youth
- State Associations of Addiction Services Annual Conference
- Louisiana Association of Safe and Drug Free Schools and Communities
- The Southwest Prevention Center Annual Regional Prevention Convention
- Families Under Urban and Social Attack-Houston, Texas
- The San Antonio Council on Alcohol and Drug Abuse
- The Hays Caldwell Council on Alcohol and Drug Abuse
- Central Texas Council on Alcohol and Drug Abuse
- Harvard Business Club
- Texas Association for Children of Alcoholics-Family Album Annual Conference
- National Association for Children of Alcoholics