

Curriculum-Based Support Group (CBSG®) Program
Long Term Goal: To Reduce Substance Abuse, Delinquency & Violence

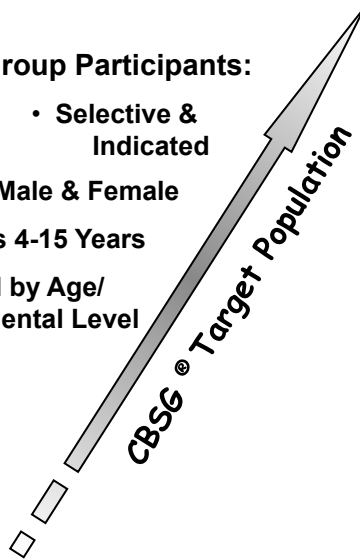


Logic Model

M

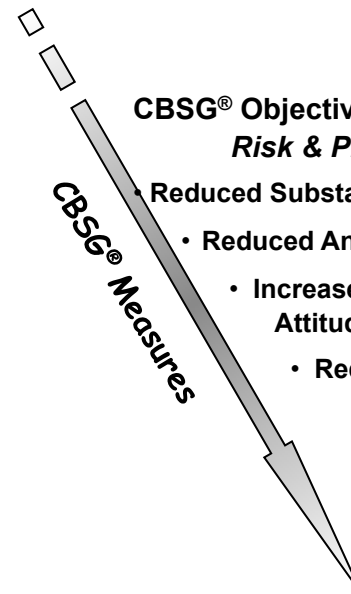
CBSG® Group Participants:

- Selective & Indicated
- Male & Female
- Ages 4-15 Years
- Grouped by Age/ Developmental Level



CBSG® Mediating Variables: Intervention Components

- Social & Emotional Support
Support Group, Adult Role Model, & Group Member/Peer Support
- Social & Emotional Coping Skills
Competence Enhancement in:
Separating Emotions from Behaviors
Tolerance and Respect
Anger Management
Making/Being Friends
Dealing with Chemical Dependency in the Family
Dealing with Changes We Can't Control
- Goal Setting
- Social Norms
Healthy Choices
- Resistance Skills



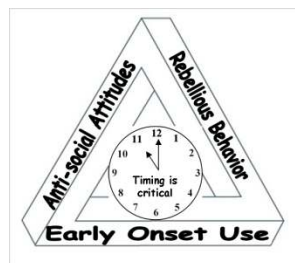
CBSG® Objectives: Targeted Precursors Risk & Protective Factors:

- Reduced Substance Use
- Reduced Anti-Social Attitudes
- Increased Anti-Substance Use Attitudes & Intentions
- Reduced Rebellious Behaviors

X

Reducing Interrelated Risk Factors:

- Early Onset Substance Use
- Anti-Social Attitudes
(Including attitudes and intentions favorable to substance use)
- Rebellious Behavior



p*



Risk-Effect Relationship

*p = predictor

Reductions in Interrelated Problem Behaviors:

- Substance Abuse
- Delinquency
- Violence

Y



TO READ: Start at "X" (lower left), follow the up-arrow to "M", then follow the down-arrow to "Y". The CBSG® Program is based on the mediating variable framework (Hansen & McNeal, 1996; Baranowki et al., 1997, 1998), which states that in the risk-effect relationship (X-p*-Y) risk factors are not "causes", they are "predictors." By targeting the reduction of interrelated risk factors (X) among specific populations at specific times within the developmental pathway (), and intervening with evidence-based mediating variables (M) that produce significant changes in known precursors to the targeted risk factors (), an intervention is predicted (p*) to impact the long term goal (Y).